

SPA TREATMENT MENU



### Aqua Royal Spa, your wellness escape

Step into the serene ambiance of Aqua Royal Spa and treat yourself to a moment of pure well-being. Enjoy a refined yet relaxed atmosphere, where you can fully unwind and take time out for yourself.

Our team of therapists offers a wide range of treatments and protocols from the Thermes Marins de Saint-Malo, offering something for everyone.

Select your treatment and let yourself be pampered!

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## AQUATONIC® COURSE

The Aquatonic® Course was invented in 1987 at the Thermes Marins de Saint-Malo- a renowned thalassotherapy centre offering seawater-based wellness treatments. This certified concept is available in the best spas in the world, including 4 in France and 5 internationally.

The only one of its kind in New Caledonia, this space features a 300 sqm pool for relaxation, well-being and fitness. There are two heated pools including activity stations and hydro-massage jets, all designed to deeply relax both body and mind.

Entry also includes access to the sauna and hammam.

- No booking is required for the Aquatonic® Course during opening hours.
- Aquafitness classes must be booked in advance. Late arrivals will not be permitted to join classes.
- The Aquatonic® Course is accessible to individuals aged 16 and over, provided they are accompanied by an adult (ID required; one adult may accompany up to 3 minors).
- The Aquatonic® Course is not recommended for pregnant women.
- Swimming caps must be worn. Reception will provide you with a swimming cap and a pool towel.
- Only swimsuits are permitted; non-compliant attire will not be accepted (refer to diagrams).
- Bermuda shorts, boardshorts, and lycra sportswear are not allowed in the Aquatonic® Course.







SWIMSUIT



SWIM

TRUNKS





BOARDSHORTS NOT ALLOWED



AQUATONIC® COURSE ACCESS, Sauna & Hamman included.

XPF 4 000

### AQUATONIC® COURSE 10 VISIT PASS

XPF 36 000

Access to the Aquatonic® Course with Sauna & Hammam included, Monday to Sunday. Valid for 6 months & outside of Aquafitness class times.

### AQUATONIC® COURSE MONTHLY PASSES

Access to the Aquatonic® Course, Sauna & Hamman included, one admission per day, Monday to Friday for the selected duration.

Our passes provide access to Aquafitness classes (subject to availability and must be booked 24 hours in advance at the Spa reception).

1 MONTH 3 MONTHS

XPF 29 000

XPF 78 000

\*These services are not recommended for pregnant women.



## AQUAFITNESS

Aquafitness includes Aquatraining circuits as well as Aquagym and Aquabike classes, Monday to Friday only.

Classes are subject to availability, and must be booked 24 hours in advance at the Spa reception by calling 29 64 44.

Class access also gives you the opportunity to enjoy the Aquatonic® Course, Sauna & Hammam.

### AQUAFITNESS CLASS CASUAL ENTRY

XPF 5 500

### **AQUAFITNESS 10 CLASS PASS**

XPF 49 500

Access to our classes (one admission per day). Class pass valid for 6 months.

\*These services are not recommended for pregnant women.



# 03

### **OUR FACIAL TREATMENTS**

#### MARINE OXYGENATION TREATMENT

Following a personalised diagnosis, this facial treatment is tailored to your skin, providing deep cleansing and restoring a fresh, radiant complexion.

**45 MIN** 

#### TRADITIONAL FACIAL TREATMENT

This comprehensive facial treatment combines highly effective products with manual techniques to deliver deep relaxation. Suitable for all skin types and tailored to your needs based on a consultation with our therapists (soothing, moisturising, nourishing etc.).

1H00

### MARINE RADIANCE TREATMENT

This facial treatment is perfect for tired, depleted and dull skin. Combined with an oxygenating massage, your skin will breathe freely and regain its natural radiance.

1H30

### REJUVENATING YOUTH TREATMENT

This high-performance anti-ageing treatment addresses all signs of skin ageing. The skin is instantly hydrated, smoothed and toned.

1H30

### OPTION: EYE RADIANCE TREATMENT

Add the eye radiance option to a facial treatment to revitalise your eyes and restore a refreshed glow.

**15 MIN** 

XPF 9 500

XPF 12 300

XPF 13 900

XPF 17 500

XPF 3 000





### RELAXING FACIAL MASSAGE NECK AND SCALP

### MASSAGE DÉTENTE VISAGE, NUQUE ET CUIR CHEVELU

XPF 7 200

For deep relaxation and to release tension in the facial muscles.

**30 MIN** 

## OUR BODY MASSAGES

### CHATEAU ROYAL SIGNATURE MASSAGE

A true invitation to wellbeing, this soothing body massage relieves tension and promotes deep relaxation.

**30 MIN** 

1H00

XPF 7 200 XPF 13 000

### PLANTAR REFLEXOLOGY

Activating reflexology points on the feet to restore energy balance and induce deep relaxation.

50 MIN XPF 10 800

\*These treatments are not recommended for pregnant women. All our massages are for relaxation purposes only.



### INDIAN AYURVEDIC MASSAGE

XPF 15 500

Massage inspired by the ancient Indian practice of Ayurveda, which means 'science of life'. This massage restores energy balance, harmonises body and mind, soothes tensions and restores energy and vitality.

1H10

### HOT STONE MASSAGE

XPF 15 500

This massage uses gentle techniques and hot stones to harmonise energy flows and promote muscle relaxation.

1H00

### **OPTION: PRIVATE DUO JACUZZI**

In addition to all your couple's treatments.

**15 MIN** 

XPF 6 000





## OUR BODY TREATMENTS

### **BODY SCRUBS**

XPF 7 200

Combining sensory indulgence with visible results, this treatment leaves the skin feeling perfectly soft, toned, and rejuvenated.

**30 MIN** 

XPF 7 200

### **BODY MASKS**

Treatments rich in trace elements and minerals to relax, nourish and/or remineralise vour skin.

30 MIN

XPF 7 200

### LIGHT LEGS TREATMENT\*

A draining treatment that boosts blood circulation, leaving your legs refreshed, light and toned.

30 MIN

XPF 13 000

### **BACK RELAXATION TREATMENT\***

A complete back treatment, beginning with a purifying cleanse and followed by a deeply relaxing massage.

50 MIN



### **OUR ESCAPES**

	SOLO For 1 person	<b>DUO</b> For 2 people
CALEDONIAN ESCAPE Aquatonic® Course, Sauna & Hammam 45 min. Château Royal Signature Massage 30 min. 1H15	XPF 9 500	XPF 19 000
TROPICAL ESCAPE Aquatonic® Course, Sauna & Hammam 45 min. Body scrub 30 min. Château Royal Signature Massage 30 min. 1H45	XPF 16 000	XPF 32 000
RELAXING ESCAPE  Aquatonic® Course, Sauna & Hammam 45 min.  Château Royal Signature Massage 30 min.  Marine Oxygenation Facial 45 min.  2H00	XPF 18 000	XPF 36 000
THE ROYAL BREAKAWAY  Aquatonic® Course, Sauna & Hammam 45 min.  Body scrub 30 min.  Body mask 30 min.  Château Royal Signature Massage 30 min.  Marine Oxygenation Facial 45 min.  3HOO	XPF 33 100	XPF 66 200

# LITTLE INDULGENCES

### **GOURMET FACIAL TREATMENT**

XPF 6 900

This gentle facial treatment, designed especially for little ones, leaves their delicate skin feeling soft and refreshed. Combining delicious scents with natural ingredients, this treatment is sure to delight all our little darlings.

25 MIN

### FACE OR BACK MASSAGE

XPF 5 900

XPF 9 500

Personalised massage on an area of your choice (from 6 to 15 years).

**25 MIN** 

## GOURMET FACIAL AND BACK MASSAGE TREATMENT

Gourmet facial treatment combined with a back massage (from 6 to 15 years).

50 MIN

### TANDEM DUO PARENT & CHILD

Custom face or body massage (from 6 to 15 years).

XPF 11 000

**25MIN** 

Personalised face or body massage (from 10 to 15 years).

XPF 18 000

50MIN





## HYDROTHERAPY

Experience the unique sensation of our hydrotherapy treatment, performed under a soothing cascade of warm water. This technique enhances the effects of exfoliation or massage, promoting improved tone and a profound sense of well-being.

### MARINE WAVE

XPF 18 500

An invigorating body scrub, followed by a body wrap, finishing with a hydrotherapy body massage for a truly blissful moment of well-being.

1H30

### OUR HAND AND FEET TREATMENTS

### BEAUTIFUL HANDS OR FEET EXPRESS

Nail shaping, cuticles, base coat and application of XPF 4 000 standard nail polish included.

### COMPLETE FOOT CARE

PediSpa, nail shaping, cuticles, exfoliation and callus removal, foot massage and base coat.

### STANDARD NAIL POLISH APPLICATION

In addition to the Complete Foot Care treatment, application of polish on natural nails.

### APPLICATION OF SEMI-PERMANENT POLISH

In addition to the Beautiful Hands or Feet Express or Complete Foot Care Treatment, application of polish on natural nails.

SEMI-PERMANENT POLISH REMOVAL XPF1500



XPF 2 500

### Beauty services

## WAXING

### À LA CARTE - WOMAN

Eyebrows	XPF1300
Upper lip or Chin	XPF 1 100
Full face	XPF 2 800
Underarms	XPF1700
Full arms	XPF 2 500
Standard bikini	XPF 2 700
High bikini	XPF 3 300
Full bikini	XPF 4 200
½ legs	XPF 2 900
Full legs	XPF 4 500

### **PACKAGE**

Eyebrows + upper lip	XPF 2 000
½ legs + underarms + standard bikini	XPF 6 200
½ legs + underarms + high bikini	XPF 6 700
½ legs + underarms + full bikini	XPF 7 500
Full legs + underarms + standard bikini	XPF 7 600
Full legs + underarms + high bikini	XPF 8 000
Full legs + underarms + full bikini	XPF 8 800

### À LA CARTE - MAN

Eyebrows	XPF1300
Armpits	XPF1800
Full arms	XPF 2 800
Back	XPF 4 100
Chest	XPF 4 100
½ legs	XPF 3 100
Full legs	XPF 4 800







GRANDS CRUS PRESTIGE

TWG IS A PREMIUM TEA BRAND ESTABLISHED IN SINGAPORE IN 2008. EVERY CUP IS AN INVITATION TO TRAVEL. LET YOURSELF BE GUIDED ON A JOURNEY THROUGH THE WORLD OF TEA, EXPLORING ITS ORIGINS AND FRAGRANCES AT YOUR LEISURE.

Find the entire range on sale exclusively at Aqua Royal Spa.

### Terms and conditions

### AQUATONIC® COURSE

No booking is required for the Aquatonic® Course during opening hours from Monday to Sunday.

No re-entry permitted once you exit the Aquatonic® Course. Aquafitness classes must be booked in advance.

Late arrivals will not be permitted to join classes.

The Aquatonic® Course is accessible to individuals aged 16 and over, provided they are accompanied by an adult (ID required; one adult may accompany up to 3 minors).

Access to the Aquatonic® Course is prohibited for people with dressings, wounds or other injuries.

The Aquatonic® Course is not recommended for pregnant women.

Management is not responsible for forgotten or lost items, theft or damage within the Spa. No valuables should be left in lockers or change rooms.

Swimming caps must be worn. Reception will provide you with a swimming cap and a pool towel.

Only swimsuits are permitted; non-compliant attire will not be accepted (refer to diagrams).

Bermuda shorts, boardshorts, and lycra sportswear are not allowed in the Aquatonic® course.



### **PAYMENT**

Cheques are not accepted. Payment methods accepted: credit card (Mastercard, Visa and American Express) or cash.

#### **TREATMENTS**

The Aqua Royal Spa treatments are non-medical and designed solely for well-being purposes.

Our services are available to both women and men. For pregnant women, children, or teenagers, please consult our reception staff for further information.

All our treatments are available for couples (excluding beauty services and hydrotherapy treatments).

From the age of 16 and over, the adult rate applies.

#### RESERVATION AND CANCELLATION

All our treatments are by appointment only.

Please book at the Spa reception.

Please arrive at reception 10 minutes before your appointment. If you are late, we will be obliged to shorten the duration of the treatment. Any appointment not cancelled 24 hours in advance will be charged in full. All treatments must be paid for at the time of booking.

### **HEALTH CONSIDERATIONS**

If you have any doubts about your health, please seek medical advice.

Some treatments may have contraindications, particularly for pregnant women and individuals with specific conditions (allergies, injuries, certain illnesses, pain respiratory or cardiac issues, etc.). Please ask our receptionists for advice, and they will guide you in choosing the most suitable treatments.



### **RESERVATION**

From your room, dial extension 830. From outside the hotel, dial + 687 29 64 44 By email: spa-aquatonic@aquar<u>oyalspa.nc</u>

Aqua Royal Spa – Château Royal Beach Resort & Spa 140 Promenade Roger Laroque, 98 800 NOUMEA

www.hotelchateauroyal.nc/en/aqua-royal-spa/



Aqua Royal Spa